



MULTI FUNCTIONAL ORA Device

CLEANING MODE:

1. Place a cotton pad under the device's clip or attachment surface.
2. Apply one pump of your preferred cleanser or toner to the pad.
3. Gently glide the device over the face, neck, and décolleté area.
4. Rinse your face and pat dry after use.
5. Dispose of the used cotton pad.

EYES:

1. Apply one pump of your favorite eye serum or cream directly onto the device or around the eye area.
2. Gently massage the device around the eye area until the serum or cream is fully absorbed (approximately 60 seconds per eye).

RF MODE:

1. Apply a moisturizer or conductive serum to the treatment area or device head.
2. Gently massage over the targeted area using upward strokes for 3–5 minutes per section. *(Best for tightening skin and reducing wrinkles.)*

COOL MODE:

1. Activate COOL mode to close pores and relax the skin after RF or LED treatment.
2. Ideal for reducing puffiness around the eyes or inflammation on the face and body.

DAILY MODE:

1. Use Red LED Light mode on each area for 3–5 minutes.
2. Recommended up to 3 times per week for anti-aging and skin rejuvenation.

WEEKLY MODE:

1. Use this mode for 3–5 minutes per area, once or twice weekly.
2. Especially effective for pain management on sore muscles or tension zones.

TIPS FOR PAIN MANAGEMENT

- Use the WEEKLY mode for at least 5 minutes on painful areas.
- For enhanced effect, apply BioFreeze, Arnica, or IcyHot gel before treatment.



Contact Us:

- www.ora-redlighttherapy.com
- Glendale, AZ USA
- info@ora-redlighttherapy.com

Refer to the diagram for proper application directions. Follow the arrows to guide your movements for each treatment area.